

### ABSTRACT OF THE DISCLOSURE

A vehicle seat has a headrest which headrest has a center pad and two side pads laterally hinged to the center pad and able to be swiveled forward into a resting position and swiveled back into a supporting position.

In order to offer optimal support to the head in the upright and also in the laid-back head carriage position, the center pad has a variable pad hardness, so that the center pad has a firmer pad hardness in the supporting position than in the resting position.